



Kalfus & Nachman



INJURY AND DISABILITY LAWYERS

NEWSLETTER

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Hampton Roads Show with Paul Hernandez

Kalfus & Nachman Legal Expert on the Hampton Roads Show will be on August 14th and 28th, 2014 at 11am on WAVY TV 10. That's right we will be serving up a 3-minute segment of "Legal Matters" informing the Hampton Roads Community about what matters to them. For more information or to preview past episodes visit kalfusnachman.com/legalmatters



Coastal Virginia Best of Readers Choice Awards 2014

Kalfus & Nachman, PC is honored to be a winner in the Professional Services Category for "Coastal Virginia Best of Readers Choice Awards 2014" with different categories within Food and Dining, Shopping, Health and Beauty, Home and Garden, Professional Services, Arts and Entertainment, News, Travel and Leisure and Attractions, the Coastal Virginia Best Of Readers' Choice Awards is an opportunity to recognize those individuals and businesses in the region that continually give their best. At Kalfus & Nachman we strive to give our clients the service. We have provided legal service for the Hampton Roads Community for 35 years, with three offices in Norfolk, Newport News and Roanoke Virginia. **THANK YOU HAMPTON ROADS FOR VOTING FOR KALFUS & NACHMAN, PC!**

Our Offices

Norfolk
 Military Circle
 870 North Military Highway,
 Suite 300
 Norfolk, Virginia 23502
 757.461.3303

Newport News
 749 B J. Clyde Morris Blvd.
 Newport News VA 23601
 757.245.4878

Roanoke
 Southwest Virginia
 1322 Plantation Road
 Roanoke, VA 24012
 540.343.4878

Call 1-888-hurtline or visit us
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Kalfus & Nachman is honored that a member of the firm receives reappointment by Governor Terry McAuliffe

The law office of Kalfus & Nachman PC is honored that Neal C. Schulwolf, has been reappointed for another three year term (2014-2016) by Governor Terry McAuliffe to the Board of Directors of the Virginia Birth Related Neurological Injury Compensation Program <http://www.vabirthinginjury.com/>. The Virginia Birth Related Neurological Injury Program helps parents take care of children who suffer neurologic injuries during child birth. The Program covers what insurance and other programs don't — medically necessary expenses such as medical expenses, hospital expenses, rehabilitation expenses, in-home nursing care and much more. Neal was first appointed to the board in June of 2011 by Governor Bob McDonnell. Currently, he serves as vice-chair of the board.

Abe Kalfus shares "We are very proud of Neal Schulwolf and wish him much success as he serves the citizens of the Commonwealth of Virginia, as the Vice-Chair of the Board (2014-2016).

Motorcycle Safety

Fact: According to the *US National Highway Traffic Safety Administration, (NHTSA)*, the motorcyclists' risk of a fatal crash is 35 times greater than that of an automobile.

It's a frightening statistic, right? And it should be. All studies, reports, papers and findings conducted in the US or any other part of the world regarding motorcycle safety have very alarming statistics.

Motorcycle accidents are particularly devastating, changing one's life forever with unexpected medical costs and work time. According to the *Hurt Study*, "The failure of motorists to detect and recognize motorcycles in traffic is the predominating cause of motorcycle accidents." Also, as the motorcycle itself provides virtually no protection for the rider, injuries can be life threatening.

But don't give your bike away just yet. Follow the safety tips offered to maximize your safety while riding a motorcycle:

- All motorcyclists must receive specialized training by qualified instructors
- Both motorcyclist and passenger must always wear helmets
- The motorcyclist must stay alert while riding on a highway
- Motorcyclist must always remain visible to car drivers while on the road
- As alcohol affects balance and coordination, all motorcyclists must ride smart and sober
- All motorcyclists must wear proper eye and face protection
- All riders must upgrade their bikes' visibility, the headlights and the mirrors
- All motorcyclists must be extra vigilant at intersections

If you've been injured in a motorcycle accident, call legal professionals from the offices of [Kalfus & Nachman](#), serving all Virginia and Northeast NC. We'll help you recover the compensation you need for your injuries.



Our Attorneys



A.J. Kalfus



Stuart L. Nachman



Paul R. Hernandez



Richard F. Aufenger, III



Jesse M. Suit, III



Thomas A. Fitzgerald, II



Blair E. Smircina



Neal C. Schulwolf



Christopher I. Jacobs



Deborah V. Vaughn



Seth Scott



Colin O'Dawe

**Ask an Attorney
a Question**

Keep Your Home Safe while Travelling

Don't allow the excitement of going on vacation blind you to the risks of leaving your home unprotected. A minimal amount of planning will keep you anxiety free and allow you to have a great holiday.



The following tips should be helpful:

- Leave a key with a friend so that they can feed your cat, remove flyers from under the front door and water your plants, giving the impression that the house is occupied.
- Burglars have become very internet savvy, so do not discuss your plans and itinerary on social media or leave a message about them on your answering machine.
- Physically secure and check all locks on windows and doors. If you own an alarm system, switch it on before you leave.
- Install light-switch timers at strategic places, giving the impression of the house being occupied.
- Leave your curtains and blinds half open to give a lived-in look and place a metal rod in your glass sliding door track.
- Apparently robbers never check out children's rooms but always rifle through dresser drawers, so stash your valuables wisely.
- Put a temporary 'stop' on your mail by filling in a form at your local post office a few days before your departure.
- Discontinue your newspaper for the days you will be away. Newspaper piles outside the door are a sure way of tipping off burglars of your absence.
- Remove the spare key from its hiding place on your front porch. That's the first place robbers check out.
- Disconnect the computers, televisions and toaster ovens, as sudden power surges might damage them.
- Turn off your garage door opener as universal remotes can be used to open them, and remove the portable GPS in your car if you use long-term parking.

What's Happening in Norfolk, Virginia Beach, Newport News & Roanoke Virginia in September 2014

We are the proud sponsor of the Making Strides Against Breast Cancer Walk at the Mariners Museum on Saturday October 11, 2014 @ 10:00am go to our website community page for more details on the event.

Sept. 1, 2014

Dinosaur Prophecy Planetarium Show
Virginia Living Museum,
Newport News, VA

Sept. 1 – 20, 2014

Savage Ancient Seas: Dinosaurs of the Deep
Virginia Living Museum,
Newport News, VA

Sept. 3, 2014

Lyle Lovette & His Large Band
Shaftman Performance Hall,
Jefferson Center, Roanoke, VA

Sept. 4, 2014

Historic Downtown & Cultural Tour
Hotel Roanoke & Conference Center,
Roanoke, VA

Sept. 5, 2014

Art by Night
Various galleries,
Downtown Roanoke, VA

Sept. 5th and 6th 2014

Blues at the Beach 1700 Atlantic Avenue
Virginia Beach, VA

Sept. 6, 2014

6th Annual Opera In The Park, Town Point
Park, Norfolk VA

Sept. 6, 2014

2014 Race for Hope
Mariner's Museum Park,
Newport News, VA

Sept. 6, 2014

Vinton Craft Show
Vinton Farmers market, Roanoke, VA

Sept. 6, 2014

Adam Gopnik
Center for the Arts, Roanoke, VA

Sept. 6 – 7, 2014

25th Anniversary Pride in the Park
Elmwood Park, Roanoke, VA

Sept. 7, 2014

Michael McDonald concert
Ferguson Center for the Arts,
Newport News, VA

Sept. 7, 2014

Sunday Brunch Food & Cultural Tour
City Market Building, Roanoke, VA

Sept. 9, 2014

Performing Arts Series: Andes Manta
Roanoke College, Roanoke, VA

Sept. 10, 2014

Banff Radical Reels Films Festival
Shaftman Performance Hall, Jefferson
Center, Roanoke, VA

Sept. 11, 2014

Big Something concert
Hoss's Deli, Newport News, VA

Sept. 13, 2014

Star Party/Laser Shows
Virginia Living Museum, Newport News, VA

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....continued from page 3 **What's Happening in Newport News, Roanoke....**

Sept. 16, 2014
Roanoke Valley SPCA's Spay-Ghetti Dinner
Jefferson Center, Roanoke, VA

Sept. 19 – 21, 2014
Roanoke Greek Festival
Holy Trinity Greek Orthodox Church,
Roanoke, VA

Sept. 20, 2014
Chris Isaak concert
Ferguson Center for the Arts,
Newport News, VA

Sept. 20, 2014
2nd Annual Ribtoberfest Town Point Park,
Norfolk VA

Sept. 21, 2014
Greater Virginia Bridal Show
Roanoke Civic Center, Roanoke, VA

Sept. 26, 2014
North American Sand Sculpting Champion-
ship
On the Boardwalk of Virginia Beach, VA

Sept. 27, 2014
Neptune's 8K and 5K Run Atlantic Avenue
to Rudee Inlet
Virginia Beach, VA

Sept. 28, 2014
Sunday Brunch Food & Cultural Tour
City Market Building,
Downtown Roanoke, VA

The Wonderful Wizard of Oz
Children's Museum of Virginia
Portsmouth, VA

"Stewards of the Sea"
Nauticus, Norfolk, VA

Wash Woods Environmental Education
Center
False Cape State Park
Virginia Beach, VA

PORTSMOUTH FARMERS' MARKET
Portsmouth Art & Cultural Center
Portsmouth, VA

Symphony by the Sea | VSOcean
Neptune's Park
Virginia Beach, VA



Norfolk
Military Circle
870 North Military
Highway,
Suite 300
Norfolk, Virginia 23502

Roanoke
Southwest Virginia
1322 Plantation Road
Roanoke, VA 24012

Newport News
749 B J. Clyde
Morris Blvd.
Newport News
VA 23601



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As Seen On WAVY TV